



LETTER FROM THE EDITOR

Greetings, dear reader! If your world is anything like mine, then you might feel that things are spinning out of control, whether that is personally, professionally, politically, or some combination of the three. It's the midpoint of our semester, and while I love when the students are here, I am already thinking about our upcoming breaks. Absence makes the heart grow fonder, right?

It seems like every day there is a new headline that seems impossible or even more dystopian than those of the previous day. It might be difficult to stay focused on work or even know which way is up. I hope you are able to turn to family, mentors, and trusted colleagues to process all that is going on and find ways to help yourself, your students, and those in your circle. I think it is also important to find ways, when you are able, to push back on the overreach that is happening all around us.

I do not want this to feel like the Debbie Downer start to this issue of the *Journal*. Personally, while I am attentive and active with all that is going on nationally and globally, I have also found myself more actively focusing on the positives when I can. My work is fulfilling in ways that I couldn't have imagined. My husband and I are really exploring all that Delaware has to offer and getting ready for some new fun travel adventures. We've also finally transitioned to fall in Delaware, which is my favorite season. In my opinion, there can never be too many pumpkin or maple-flavored beverages and desserts! Plus, Thanksgiving is my favorite holiday to cook for. I only hope all of you are taking time to find your joy and light as we continue to do the amazing work of supporting students and staff.

This issue of the *Journal* brings another bounty of excellent, relevant research for you to read and consider. We begin this issue with an article by Jordan P. Fullam, Tamara Mae Roose, and Andrew J. Hughes, who examine faculty perspectives on their work as faculty-in-residence. When faculty were able to integrate into the hall community, they experienced meaningful engagement and connection with students. However, that was not a given, as they also experienced issues with time, student participation, and differing expectations between them and student affairs staff. Next, we shift to a focus on professional and graduate staff through Katie E. Weir's single-case article examining a staff diversity, equity, and inclusion (DEI) book club. Weir's team reported that the book club helped them better navigate conversations about difficult

I only hope all of you are taking time to find your joy and light as we continue to do the amazing work of supporting students and staff.

.....

topics and change their approaches to supervision and working with students. It might not be possible for your team to host a DEI-focused book club right now, but Weir's findings could offer related development opportunities for your team.

In the second staff-focused article, Charlie Potts highlights critical, time-sensitive research on the positive and negative impacts of digital behaviors on entry-level, live-in staff. Participants articulated the need to understand how to navigate job expectations, establish and manage boundaries, and practice self-care through digital behavior change.

Our final two articles shift to students. Martin Swanbrow Becker, Heather H. Miller, Katherine Trevino, Kirsten Christensen, and Colleen Hess investigate barriers that prevent students from seeking support from resident assistants (RAs) and mental health professionals and conclude that students perceived fewer barriers when reaching out to RAs. With that in mind, the authors discuss implications for how practitioners can design RA intervention and referral options. Finally, Jillian Ferrell and Susan Crowley tap into an under-explored area—student requests to bring their emotional support animals to campus—from the perspective of the students themselves. Their findings shed light on the benefits to the student and how administrators can remove barriers and better support this important partnership.

Many thanks to our reviewers and associate editors, as well as our copy editor, Christine Freeman, and graphic designer, Ellen Gray, who work tirelessly to make every issue of the *Journal* a success. Thanks to Camille Perlman and James Baumann in the ACUHO-I Central Office for supporting the *Journal* and our ongoing enhancements. This issue of the *Journal*, as with all of them, is full of robust professional development opportunities. I hope that the discussion questions prompt fruitful conversations with your staff or that you do what I do and email your staff to draw attention to articles relevant to their work! Until next time, Go Bucks and Go Dawgs!

Phil Badaszewski, Editor

The Journal of College and University Student Housing

.....

If you are interested in volunteering with
The Journal of College and University Student Housing
as a reviewer, we are accepting applications for this important role now.
Email journal@acuho-i.org for more information.

.....